

CAMBRIDGE POOL RULES AND REGULATIONS

1. ADMISSION TO THE POOL:

a. **LIMITED** to members in good standing, their children and grandchildren, and guests who are accompanied by the pool member. Guests and extended family are \$3 per person or purchase a punchcard (10 visits for \$20, nonrefundable & expires at the end of the season). Only Children and grandchildren of resident is free and unlimited. All other relatives are paid guests. b. Guests who try to gain admission without paying a guest fee will be banned from the pool for the season. Members who allow their guests to gain admission without paying will lose their guest privileges.

c. There is a daily limit of two (2) guests per family unless accompanied by an adult member at all times.

d. Admission is refused to all persons who have a contagious disease or infectious conditions.

2. **NO ONE WILL BE PERMITTED** in water over their head unless they can demonstrate to the lifeguard's satisfaction, the ability to swim the length of the pool. Non-swimmers and all children **11** years of age and younger, must be accompanied by an attentive, competent swimmer **adult** at all times.

3. **RUNNING AND ROUGH PLAY WILL BE PROHIBITED** in the pool area at all times.

4. **THE WADING POOL** is for small children **ONLY**. No running or rough games allowed in this area.

5. DIVING BOARD RULES:

a. **ONLY ONE PERSON** on diving board at a time.

b. **ONLY ONE SPRING**. No double bounces. **FORWARD ENTRY ONLY. NO BACK ENTRY.**

c. Dive only from the front of the board. Do not dive to the side of the pool.

d. Always check the diving area to be certain that it is clear prior to diving.

e. After entering the water from the diving board, the diver must clear the diving area for the next diver.

f. **NO DIVING OFF THE LIFEGUARD STAND.**

6. **NO DIVING IN SHALLOW WATER** or west of the pool rope dividing the pool.

7. **NO SWIMMING IN DIVING AREA** except that necessary to reach nearest ladder. **Ladders must be used to exit pool in the diving area.**

8. **NO FLIPS** off the side of the pool.

9. **NO TAG GAMES WILL BE ALLOWED ON THE DECK.** Water tag in the diving area will be permitted during times when lifeguards feel that game will not interfere with other swimmers' use of the pool.

10. **ONLY NON-BREAKABLE ITEMS** will be allowed in pool area. **NO TOBACCO, GUM OR ALCOHOL.** Food will be permitted at the picnic table. Area must be cleared of food before leaving the table. No sunflower seeds, chips or popcorn is allowed.

11. **NO FRAYED JEANS OR SHORTS ALLOWED.** Only swimming apparel will be allowed while swimming.

12. **ALL LITTER** and miscellaneous waste materials are to be placed in the proper disposal containers provided. Dirty diapers should be thrown in the disposal containers in the restrooms.

13. **CHAIRS AND LOUNGES** are primarily for the use by adults. Children should relinquish them when adults arrive.

14. **AIR MATTRESSES**, swim fins, and all other accessories shall be limited to times when the lifeguards feel that their use will not cause safety hazards or interfere with other swimmers' use of the pool. No flotation devices or balls made of a hard substance are permitted in the pool. This included tennis balls, golf balls and frisbees.

15. **PERSONAL CONDUCT** in pool and bath house must be such that the safety of the individual and others is not jeopardized.

16. **NO FOUL LANGUAGE PERMITTED.** Repeat offenders will be asked to leave the pool area.

17. **UNNECESSARY CONVERSATION WITH THE LIFEGUARDS** or manager is prohibited.

18. **NO ANIMALS OR PETS** are permitted in the pool area.

19. **THE POOL RADIO** will be the only source of music. Other music shall be listened to through earphones.

20. **THE POOL MAY BE CLOSED** for maintenance purposes, health conditions, weather or any other reason deemed sufficient by the pool manager, lifeguard or pool committee member.

21. **LIFEGUARDS ARE IN CHARGE OF THE POOL** and pool area during operating hours and have the right to discipline anyone in violation of the above rules in order to enforce these rules and ensure the safety of all using the pool. Their disciplinary recourse is as follows:

1. First offense – a warning shall be given.

2. Second offense – a Sit-Out Period shall be required.

3. Third offense – offender shall be required to leave the pool for the day, or for as long as the lifeguard deems necessary.

4. Repeat offenses – **NO WARNING** shall be necessary for repeat offenses. Expulsion period will be at the discretion of the Pool Committee Representative.

ANY DISRESPECT TOWARD LIFEGUARDS WILL WARRANT IMMEDIATE EXPULSION from the pool area. All violators under 18 years of age must be signed in by a parent in order to resume pool privileges.

22. **VANDALISM** to the common grounds OR repeated instances of **POOR CONDUCT** by members and/or guests will be presented to the Pool Committee. The Committee has been given the authority by the Cambridge Estates Board of Directors to suspend offenders from the pool for a period of two weeks. Guest offenders will be prohibited from the pool for the season. Members will be held responsible for their damages and any damages caused by their guest(s).

23. **ALL RULES** are subject to change without prior notice if conditions so require.